## **Helpful tips for Covid-19:**

	1 Opening the mail	5
COVID-19	2 Getting restaurant takeout	LOW RISK
	2 Pumping gasoline	$\leq$
CORONAVIRUS DISEASE	2 Playing tennis	쯨
	2 Going camping	쏫
BE INFORMED:	3 Grocery shopping	1.000
DE INTUNIVIED.	Going for a walk, run, or bike ride with others	
Know Your	3 Playing golf	MODERATE-LOW
	Staying at a hotel for two nights	DEF
Risk During	Sitting in a doctor's waiting room	AT
COVID-19	Going to a library or museum	EL
On a scale of 1 to 10, how risky is	Eating in a restaurant (outside)	MC
	Walking in a busy downtown	
	Spending an hour at a playground	
Ranked by physicians from	Having dinner at someone else's house	$\leq$
the TMA COVID-19 Task Force and the TMA Committee on	Attending a backyard barbecue	9
Infectious Diseases	Going to a beach	∺
TIXAS MIDICAL	Shopping at a mall	₽
ASSOCIATION	Sending kids to school, camp, or day care	$\equiv$
Physicians Caring for Teams	Working a week in an office building	-
	6 Swimming in a public pool	MODERATE RISK
	Visiting an elderly relative or friend in their home	~
	Going to a hair salon or barbershop	0000
	7 Eating in a restaurant (inside)	MO
	7 Attending a wedding or funeral	MODERATE-HIGH HIGH RISK
	Traveling by plane	
	Playing basketball	
	Playing football	
	Hugging or shaking hands when greeting a friend	
	8 Eating at a buffet	
	8 Working out at a gym	
	8 Going to an amusement park	
	3 Going to a movie theater	
	Attending a large music concert	B
	9 Going to a sports stadium	SK
	Attending a religious service with 500+ worshipers	
	Going to a bar	