

**GET SET!**

Where I stand scales:

Use the scales to figure out how you want your end-of-life care to be.  
Select the number that best represents your feelings on the given scenarios.

**As a patient I would like to know...**

1	2	3	4	5
Only the basics about my condition and my treatment				All the details about my condition and my treatment

**As I receive care, I would like...**

1	2	3	4	5
My health care team to do what they think is best				To have a say in every health care decision

**If I had a terminal illness, I would prefer to...**

1	2	3	4	5
Not know how quickly it is progressing				Know my doctor's best estimation for how long I have to live

**Look at your answers...**

What kind of role do you want to have in the decision-making process?

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**How long do you want to receive medical care?**

1	2	3	4	5
Indefinitely, no matter how uncomfortable the treatments are				Quality of life is more important to me than quantity

**What are your concerns about treatment?**

1	2	3	4	5
I am worried that I won't get enough care				I am worried that I will get overly aggressive care

**What are your preferences about where you want to be?**

1	2	3	4	5
I would not mind spending my last days in a health care facility				I want to spend my last days at home

**Look at your answers...**

What do you notice about the kind of care you want to receive?

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**How involved do you want your loved ones to be?**

1	2	3	4	5
I want my loved ones to do exactly what I have said, even if it makes them a little uncomfortable				I want my loved one to do what brings them peace, even if it goes against what I have said

**When it comes to your privacy...**

1	2	3	4	5
When the time comes, I want to be alone				I want to be surrounded by my loved ones

**When it comes to sharing information...**

1	2	3	4	5
I do not want my loved ones to know everything about my health				I am comfortable with those close to me knowing everything about my health

**Look at your answers...**

What role do you want your loved ones to play?

Do you think that your loved ones know what you want, or do you think they have no idea?

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**What do you feel are the three most important things that you want your friends, family, and/or health care team to understand about your wishes and preferences for end-of life care?**

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